



ATHLETICS

North Cross School strives to “provide students a wide variety of activities so they will discover the full range of their talents and interests.” To meet this goal, the athletic department offers the teams listed below for participation by middle and upper school students.

2024 Spring Athletic Opportunities- **REGISTRATION DEADLINE- ASAP or by Jan 19th!**

ALL practices start Mon, Feb 19, 2024.

Girls:

Varsity Soccer- Coach James Brown

jbrown@northcross.org

girls in grades 8-12 are eligible

Middle School Soccer- Coach Ryan Cook

rbcook@northcross.org

girls in grades 6-8 are eligible

Varsity Lacrosse- Coach Stan Chopski

schopski@northcross.org

girls in grades 8-12 are eligible

Middle School Lax- Coach Thomas Bass

tbass1@citgo.com

girls in grades 6-8 are eligible

Co-Ed:

Varsity Golf- Coach Scott Wilde

swilde@northcross.org

boys & girls in grades 8-12 are eligible

Track & Field- Coach Ed Dickenson

edickenson@northcross.org

boys & girls in grades 6-12 are eligible

Boys:

Varsity Lacrosse- Coach Chris Pollock

cpollock@northcross.org

boys in grades 8-12 are eligible

Middle School Lax - TBA

Email Coach Pollock to register: cpollock@northcross.org

boys in grades 6-8 are eligible

Varsity Baseball- Coach Eric Lawrence

elawrence@northcross.org

boys in grades 8-12 are eligible

Middle School Baseball – Coach Mike Jensen

mjensen@northcross.org

boys in grades 6-8 are eligible

Varsity Tennis- Coach Jim Schaefer

jschaefer@northcross.org

boys in grades 9-12 are eligible

Steps to Participation:

There are THREE steps you MUST complete for athletic participation on a North Cross team:

1) A VHSL Sports Physical must be completed and on file with the athletic department before a student may practice with a team.

2) Complete all four NCS Required Athletic Forms that can be found on our athletics website <https://www.northcross.org/forms.html>

3) Email the coach directly associated with the sport to be added to the team roster!

Questions? Email the appropriate coach or contact Jeremy Eubank, AD jeubank@northcross.org or Chris Pollock, Assistant AD (cpollock@northcross.org).